



# Fort Sam Houston

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## **502 MSG**

### **Community Information Forum (CIF)**

### **Joint Base San Antonio**

### **11 January 2012**

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#### **Mission:**

***Provide our community installation services that support Service Members and Family readiness offering a quality of life that matches their service to our Nation.***

#### **Vision:**

***The Group exists to provide a safe, quality living and working environment for the Military, Civilians and Families here at Fort Sam Houston and Camp Bullis today and in the future.***



# Agenda

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- **Introductions & Opening Remarks**
- **COL Lamoureux**
- **Briefings**

- |                          |                  |   |
|--------------------------|------------------|---|
| • <b>Old Business</b>    | • <b>502 FSS</b> | • <b>FSHISD</b>                             |
| • <b>30 Day Calendar</b> | • <b>EO</b>      | • <b>Parent To Parent</b>                   |
| • <b>502 CES</b>         | • <b>DECA</b>    | • <b>ASBP</b>                               |
| • <b>502 MSG/JA</b>      | • <b>BAMC</b>    | • <b>This Month's<br/>Spotlight Program</b> |

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- **Closing Remarks - COL Lamoureux**

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- **Back up**

- |                     |              |              |                 |
|---------------------|--------------|--------------|-----------------|
| • <b>Admin Info</b> | • <b>FSS</b> | • <b>ASA</b> | • <b>DENTAC</b> |
|---------------------|--------------|--------------|-----------------|



# Old CIF Business/Actions Pending

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1. Requirement for SSN on bicycle registration forms.
2. CIF's every other month.
3. MacArthur field/track lighting.



# 30 Day Calendar



## January 2012

- 12 Dr. Martin Luther King, Jr. Observance Program, IMCOM Host (Fort Sam Houston Theater), 1130, 472 Stanley Rd bldg 2270)
- 12 ARNORTH Assumption of Command (Quadrangle, 1600)
- 13 Training Holiday Army AMEDDC&S
- 16 Federal Holiday- Birthday of Dr. Martin Luther King, Jr.
- 26 Consolidated Monthly Retirement Ceremony (FSH Quadrangle, 1100)

## February 2012

- 02 **Black History Month Observance (Anderson Hall Bldg 1364, 1330-1430, ARSOUTH Host)**
- 08 Community Information Forum (Sam Houston Community Center, 1630-1800)
- 17 Training Holiday Army AMEDDC&S
- 20 Federal Holiday- President's Day
- 23 Consolidated Monthly Retirement Ceremony (FSH Quadrangle, 1100)
- 25 Busara Bash 2012, 0800-1200, Salado Creek Park



# 502 CES



## Drought Management

- Currently in Stage I water restrictions per JBSA Drought Management Plan.
- Watering restricted to one day per week during hours 0000-1000 (midnight – 10 am) and 2000-2400 (8 pm – midnight) on designated day.
- JBSA Stage II restrictions begin when Bexar index well falls to 650 feet and 502 ABW initiates additional restrictions.
- DMP: <http://www.502abw.af.mil/shared/media/document/AFD-100729-038.pdf>

**Stonewall Jackson Field Remediation.** Feasibility investigation currently underway in area bordered by the cemetery, Nursery, Pershing and Holbrook Roads to assess remediation options for weapons residual products dating back to World War I. ECD Oct 2012.



# 502 CES

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## Basura Bash 2012

- Date: 25 February 2012
- Time: 0800-1200
- Check-in at 0800
- Clean-up begins at 0900
- Location: Salado Creek Park on Fort Sam Houston
- Register at [www.basurabash.org](http://www.basurabash.org)
- Registration is limited to active duty Military, DoD Civilians, Retirees and family members (5-yr and above). Any participant under 18 must have an adult chaperone on site.



# 502 CES

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## Project Updates

- Jimmy Brought Fitness Center Parking Lot Repair and Restriping. Final phase (Phase 3) underway.
- Outdoor Fitness Center project under construction north of RV Park. Constructing four new softball and soccer/football fields with a jogging trail along outside of fields. Negotiations underway to determine time impacts due to UXO, but likely completion date is July 2012.
- Johnson Track and Salado Creek training area lighting. 95% design review completed. Waiting resolution of comments by designer.
- Replace traffic light at Harry Wurzbach/Stanley Rd intersection. 60% design review completed. Waiting resolution of comments by designer and submission of 95% design.
- Wilson Way detour 10 Jan - 15 Apr 2012. West and North legs of Wilson Way/ Scott Rd closed to install active vehicle barriers. New detour using Funston, Taylor, and Camp Travis Roads. Next phase of project will relocate ECP canopy in late-Jan/early-Feb, weather dependant.



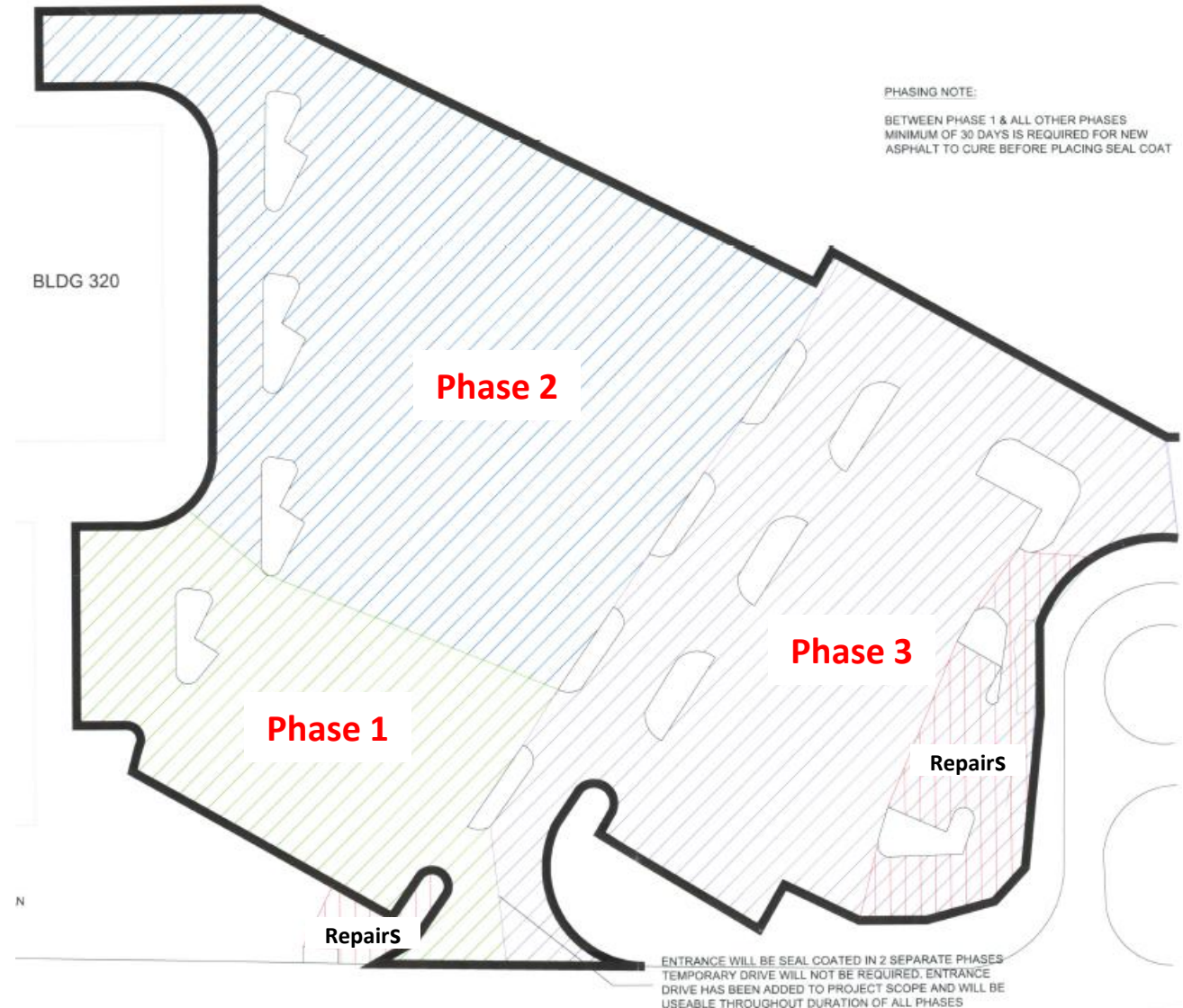


# 502 CES



## Jimmy Brought Fitness Center Paving Timeline

- Phase 1: Complete
- Phase 2: Complete
- Phase 3: Underway
- Weather Dependent



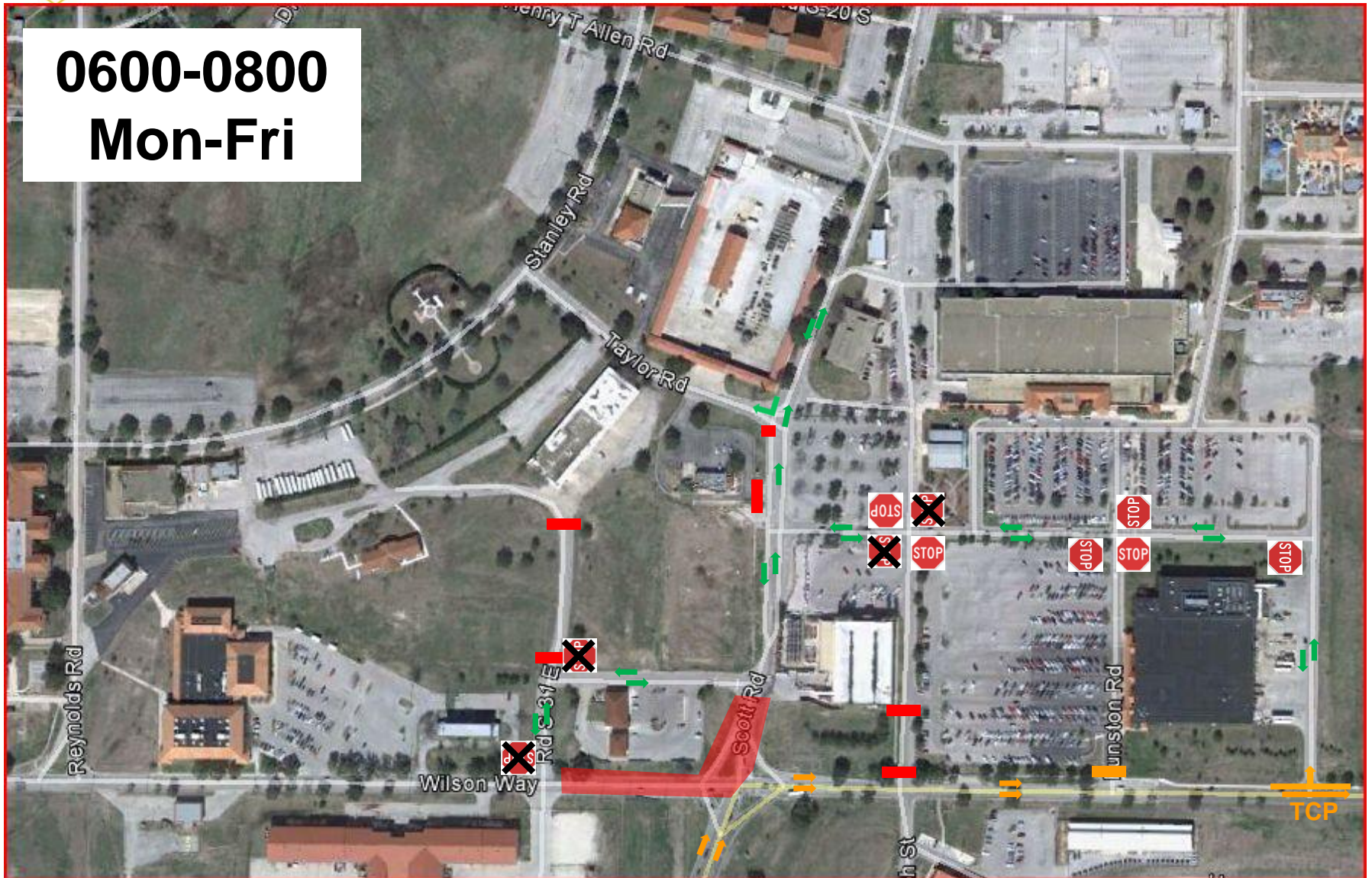




# 502 CES



**0600-0800  
Mon-Fri**











# 502 CES



## CoSA Walters Rd Project – ECD 31 May 12



Traffic will switch over to new lanes the end of January

SAWS is planning to replace water mains on Hood St, east of Walters later this month. Impact on Post traffic is unknown at this time.



# 502 CES



## CoSA Bridge over Salado Creek

- City of San Antonio is building a bridge on Binz-Engleman Rd to provide access to the Post during high water levels on Salado Creek
- The project is on schedule. The remainder of activities fall into two main phases:
  - Phase One is the bridge itself which is scheduled for completion in March 2012. At that time, traffic will be diverted on to it permanently allowing for the second phase of the project.
  - Phase Two is the Williams Rd and S-33 tie-in, which will start immediately following the bridge completion. This work will have no impact on traffic. Final completion is planned for the end of May 2012.
- No detours will be required. Traffic will be diverted during the tie-in of the new bridge to Schofield Rd, east of the current ECP.
- A one day closure of the ECP will be required to stripe the new asphalt under Phase One.
  - CES is working with CoSA's contractor and SFS to minimize the downtime and to schedule the work on a Sunday to reduce impact

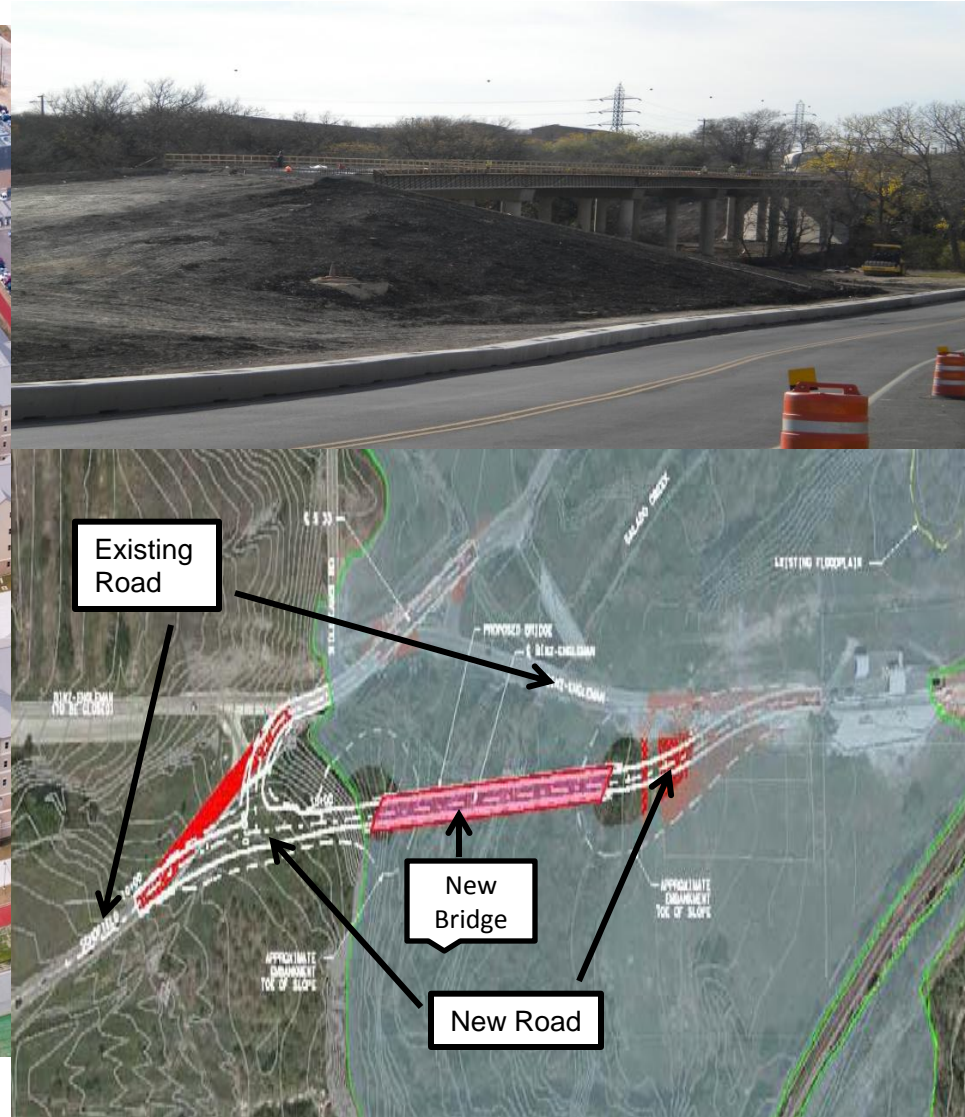
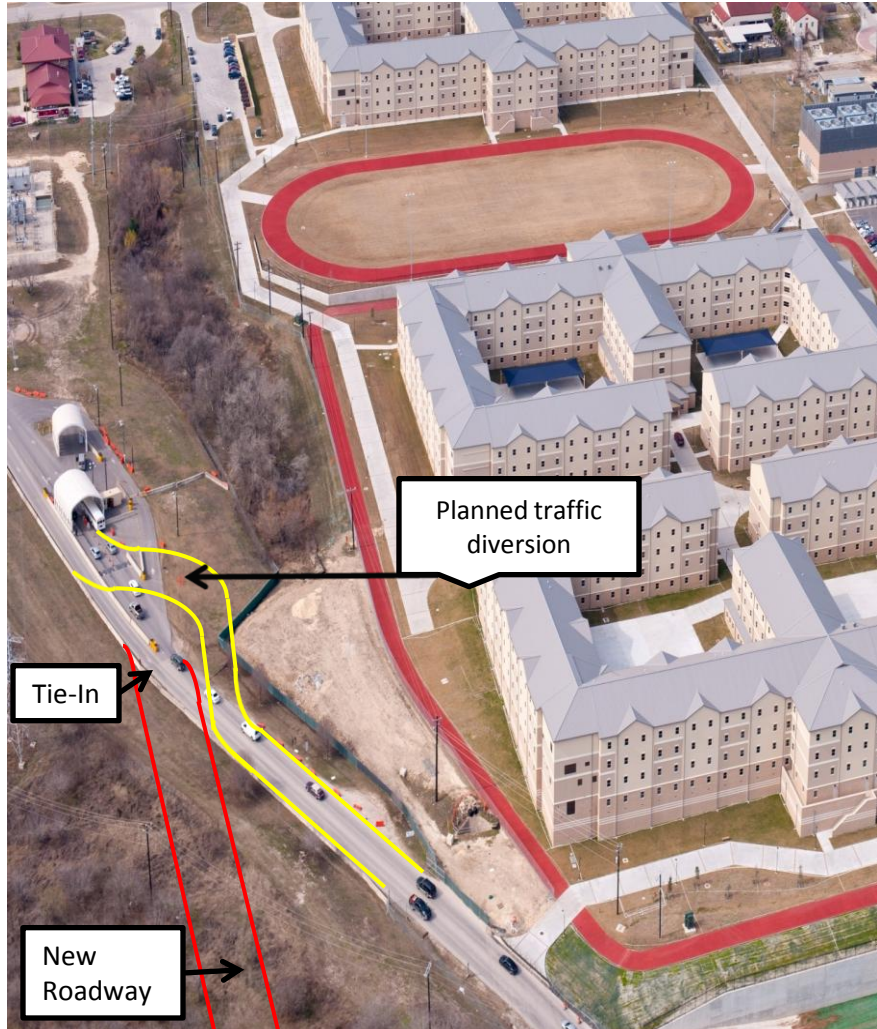




# 502 CES



## CoSA Bridge over Salado Creek





# 502 CES

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## Fire Safety

- Many fire extinguishers are due maintenance in 2012. It is the tenant/user responsibility to maintain/purchase fire extinguishers for base facilities. The Fire Prevention Section has a list of local vendors that sell and service fire extinguishers.
- Many organizations have not assigned and trained Facility Managers. This results in many facilities not having monthly fire safety inspections completed. Fire safety inspections are required and must be documented on CSFS Form 233. This includes fire extinguisher checks and inventory.
- For assistance, please contact Assistant Chief of Prevention, Mr. Dana Pelletier, at 221-5452 or [dana.j.pelletier.civ@mail.mil](mailto:dana.j.pelletier.civ@mail.mil)
- Point of Contact to register for Facility Manager course is Mr. Frank Perez at 221-5399 or [francisco.perez32.civ@mail.mil](mailto:francisco.perez32.civ@mail.mil)



# 502 MSG/JA

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## Fort Sam Houston Military Tax Assistance Center (MTAC)

MTAC Tax Season is 24 Jan – 18 Apr 12

- Main Site: 502 MSG/JA, 2271 Reynolds Rd  
Opens 24 Jan 12  
Hours of Operation: M – F, 0800-1700  
By Appointment Only  
Phone Number: 295-1040
- BAMC Site: Room L44-6 CONF  
Opens 30 Jan 2012  
Hours of Operation: M – F, 0800-1700  
By Appointment Only  
Phone Number: 916-1040
- Tax Preparation for Training Units on Saturdays by Request





# 502 MSG/JA

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- Permissible Political Activities for Military Members:
  - Voting
  - Expressing a personal opinion (privately)
  - Personally contributing financially to political cause/candidate
  - Displaying political bumper sticker
  - Attend political rally, debate or meeting while not in uniform



# 502 MSG/JA



- Not a Good Idea...



MIKE THEILER/UPI/Newscom



# 502 MSG/JA

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- Impermissible Political Activities for Military Members:
  - Wearing uniform at partisan political rally
  - Speaking before partisan political gathering of any kind
  - Marching/riding in partisan political parade
  - Serving in any official capacity for a partisan political cause/candidate
  - Participating in any organized effort to provide voters with transportation to poll if effort is organized by partisan political party/candidate
  - Sell tickets and/or actively promote political dinner/event



# 502 FSS



## Force Development Flight

Keith A. Campbell Memorial Library  
Bldg 1222 (221-4702)

12 Jan - Story Time 1000

12 Jan - "Hunger Games" Book Club 1800 Online Book Club 02-23 Jan,  
go to website <http://bit.ly/Book-Club> to join.

19 Jan - Children's Story Time 1000, "Chinese New Year Parade"

23 Jan - Know your Score! Do you know your credit score? Keith A. Campbell  
Memorial Library and ACS Warfighter and Family Readiness Financial  
Program staff team up at the library, 0900

26 Jan - Children's Story Time 1000

Regular Library Hours: Tues-Thurs 0900-2000; Sat and Sun 1100-2000



# 502 FSS



## Warfighter and Family Services Flight

Roadrunner Community Center Building 2797  
(221-2705)

- Jan - New 4-H Clubs will be starting
- 3 Jan - Soccer Registration begins. Parents can register on line with Alamo Heights Soccer, [www.ahfsh.org](http://www.ahfsh.org)
- 17 Jan - CDC Parent Advisory Committee, Bldg 2530, 1130-1230
- 17 Jan - Employment, Federal Resume Writing, Roadrunner Bldg 2797, 0900 - 1200
- 18 Jan - Family Life, "Talk is Cheap," Roadrunner Bldg 2797, 1000 - 1130
- 18, 25 Jan & 1 Feb - Family Life, 5 Love Languages of Teens, Roadrunner Bldg 2797, 1830 - 2000
- 19 Jan - Child Car Seat Inspection, Auto Hobby Shop, 1300 - 1500
- 23 Jan - Women Encouraging Women, "Developing an Attitude of Gratitude!" Roadrunner Bldg 2797, 1100 - 1200
- 31 Jan - Newcomer's Extravaganza, Sam Houston Community Center, 0930-1100



# 502 FSS



## Warfighter and Family Services Flight

### School Age Services Bldg 1705

**(221-4455/221-5151)**

- SAS Before and After school program has 165 children.
- Activities are Sports, Science, Computer Lab, and Drama
- Before & After School orientation Tues and Thurs, SAS Bldg 1703, 1000
- Off post pick up at the following schools:  
Royal Ridge, Wilshire Elementary,  
Windcrest, Harmony Hills, Serna, and  
George Gervin
- One Page at a Time reading program  
Jan-Mar 12
- **New 4-H Clubs will be starting in Jan 2012**

### Youth Services & Sports Bldg 1630 (221-3502)

- Cooking Classes every Fri, 1700-1800
- Basketball practices Mon- Thurs, 1730-1930
- Dance Club will meet every Mon and Wed, 1700
- Crafts classes every Tues at Bldg 1630, 1630
- Home Work Lab Mon- Fri



# 502 FSS



## Warfighter and Family Services Flight

### **Parent Central Bldg 2797 (221-4871)**

- 3 Jan 12 Soccer Registration begins. Parents can register on line with Alamo Heights Soccer, [www.ahfsh.org](http://www.ahfsh.org).
- Army Child Care in Your Neighborhood facility and home providers are available in various areas. Contact Parent Central at 221-4871

### **CYS Services HIRED! Bldg 2515 (221-3386)**

- 17 Jan 12, Workforce Preparation Training - Middle School Teen Center, 1630-1830
- 31 Jan 12, Workforce Preparation Training - Middle School Teen Center, 1630-1830
- 2 Feb 12, Workforce Preparation Training - Middle School Teen Center, 1630-1830
- 25 Feb 12, Mid-Term Training, Middle School Teen Center, 0900-1200

### **Child Development CTR Bldg 2530 (221-5002)**

- 9-13 Jan 12, CDC Start Smart program at YS Gym, Bld. 2515, 0900-1100. (MWR partnership activity)
- 16 Jan 12, CDC is closed for Martin Luther King Jr. federal holiday
- 17-20 Jan 12, CDC Start Smart program at YS Gym, Bld. 2515, 0900-1100; (MWR partnership activity)
- 17 Jan 12, CDC Parent Advisory Committee, Bldg 2530, 1130-1230
- 23-27 Jan 12, Start Smart trip to bowling center, 0900-1100 (MWR partnership activity)
- 23-31 Jan 12, CDC Start Smart program at YS Gym, Bld. 2515, 0900-1100. (MWR partnership activity)





# 502 FSS



## Warfighter and Family Services Flight

### **SKIESUnlimited/EDGE Bldg 2515** **(221-3381)**

- EDGE Horse Camp, Ages 6-18, Mon 1700-1830, Equestrian Center
- SKIES Tae Kwon Do, Ages 6-12. Mon/Wed 1800-1900, Bldg 1703
- EDGE 3D Pastel Drawing, Ages 6-11, Tues 1700-1800, Bldg 1705
- SKIES Creative Dance, Ages 2-3, Wed 0930-1000, Bldg 2515
- SKIES Preschool Spanish, Ages 4-5, Wed 1030-1230, Bldg 2515
- SKIES Ballet/Tap, Ages 6-18, Thurs 1800-1845, Bldg 2515
- SKIES Tumbling & Stunts, Sat
  - Ages 3-4 0900-0945
  - Ages 5-8 0945-1045
  - Ages 9-13 1045-1145
  - Private sessions 1145-1245
- Piano, Ages 6-18, Sat 0900-1600

- SKIES Driver's Education, Ages 14-18, Mon-Thurs, 1700-1800, through 6 Jan - 2 Feb, Cole High School, Room 5
- Vocal Lessons, Ages 10-18, Sat from 1000-1600 (private hourly sessions only)
- Guitar Lessons, Ages 8-18, Sat from 1000-1600 (private hourly sessions only)

### **School Liaison Officers Bldg 2797 (221-2256)**

- School Liaison Officers, Keith Toney and Cindy Ybanez provide a link between military Families and on/off post schools and assist with unique challenges encountered by military students

### **Middle School Teens Bldg 2515 ( 221-3630)**

- 14 Jan 12, Midnight Madness Basketball
- 17 Jan 12, Martin Luther King Inner Self Project
- 18 Jan 12, Keystone from Ft Sam and Randolph will attend Mentor Activity Training
- 30 Jan 12, Youth will work on their final submissions for BGCA "Caption this" contest



# 502 FSS



## Sustainment Services Flight

### Sam Houston Community Center

POC Manuel Valdez/FSVF/224-2723

- **Grand Opening of the Sam Houston Community Center/Java Café is scheduled for 20 Jan 12 at 1700**
- **BAT** will be open Friday, Saturday and Sunday starting 20 Jan 12
- **Barber Shop** will open Feb 12
- **Sam Houston Community Center Ticket Office** available to buy your tickets for local attractions, 224-2723/2721

### Sporting Events

POC Earl Young/FSVS/

- Upcoming sporting events
  - WTB Fencing and Sitting Volleyball
  - Intramural Basketball
  - Varsity Basketball

### Jimmy Brought Fitness Center Renovation

POC: Doug Price/FSVS/221-2020

- Weight Room expansion approved
- Parking Lot project estimated completion 31 Jan 12
- The Fitness Center offers Zumba Classes, Cardio Spin and Ab Classes
- Indoor pool; Year Round Swimming, Water Aerobics, Scuba Diving Lessons, Lap Swimming, Swimming Lessons for Kids and Adults and Unit Reservations for Swimming

### Fitness Center on METC Campus

POC Ken Hack/FSVS/808-5709

- The Fitness Center offers Zumba Classes, Cardio Spin, Ab Classes and Circuit Training.
- **20-21 Jan 12, Air Force Boxing Championship hosted at the Fitness Center on the METC Campus. Starting at 1900. Free and open to all eligible personnel.**



# 502 FSS



## Sustainment Services Flight

### Harlequin Dinner Theater

POC Melissa Berlet/FSVF/222-9694

**“The Mousetrap”** is a murder mystery play by Agatha Christie. The Mousetrap opened in the West End of London in 1952, and has been running continuously since then. It has the longest initial run of any play in history, with over 24,500 performances so far. Tickets for dinner and show are \$33 for civilians, \$30 for Military, \$26 for students, and \$16.50 for children 12 & under. The Harlequin Dinner Theatre is located in Building 2652 on Harney Road. For reservations and directions call (210) 222-9694.



# DECA

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## 2012 Scholarships for Military Children Program

Program runs 01 December 2011  
through 24 February 2012



Applications available at all  
commissaries, through link at  
<http://www.commissaries.com> or directly  
at <http://www.militaryscholar.org>



Applications may be turned in at any  
commissary, NLT 24 February 2012

Minimum of one \$1,500 scholarship per  
commissary



# DECA

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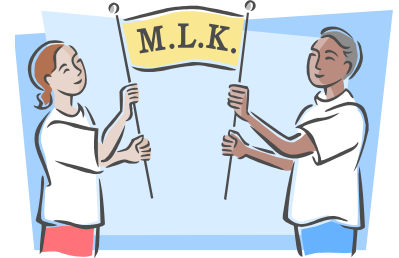


## ELECTRONIC SHELF LABELS

- **Electronic Shelf Labels (ESLs) are being installed during the week of 8-14 January 2012**
- **ESLs are tied directly to the commissary scanning system**
- **The price on the ESL will always be the price at the register**
  - **No more refunds due to incorrect prices**
- **Prices can now be changed in a matter of minutes, instead of hours, saving countless man hours and thousands of payroll dollars each year**



# DECA



***Your Commissary  
Will be Open on***

***Monday, 16 January,  
“Martin Luther King’s  
Birthday”***

***and***

***Monday, 20 February,  
“Presidents’ Day***



***Holiday hours are:  
0900 -1700 hours  
No Early Bird Shopping***





# EO



## ***Martin Luther King Jr. Celebration Host Command: IMCOM Installation Observance***

*Guest Speaker:* Mr. James C. Abney,  
Director of MWR & Family Programs  
(IMCOM)

*Entertainment:* Performances by the  
Robert G. Cole High School Choir  
Special Guest reciting the "I have a  
Dream Speech"

*Date:* 12 January 2012

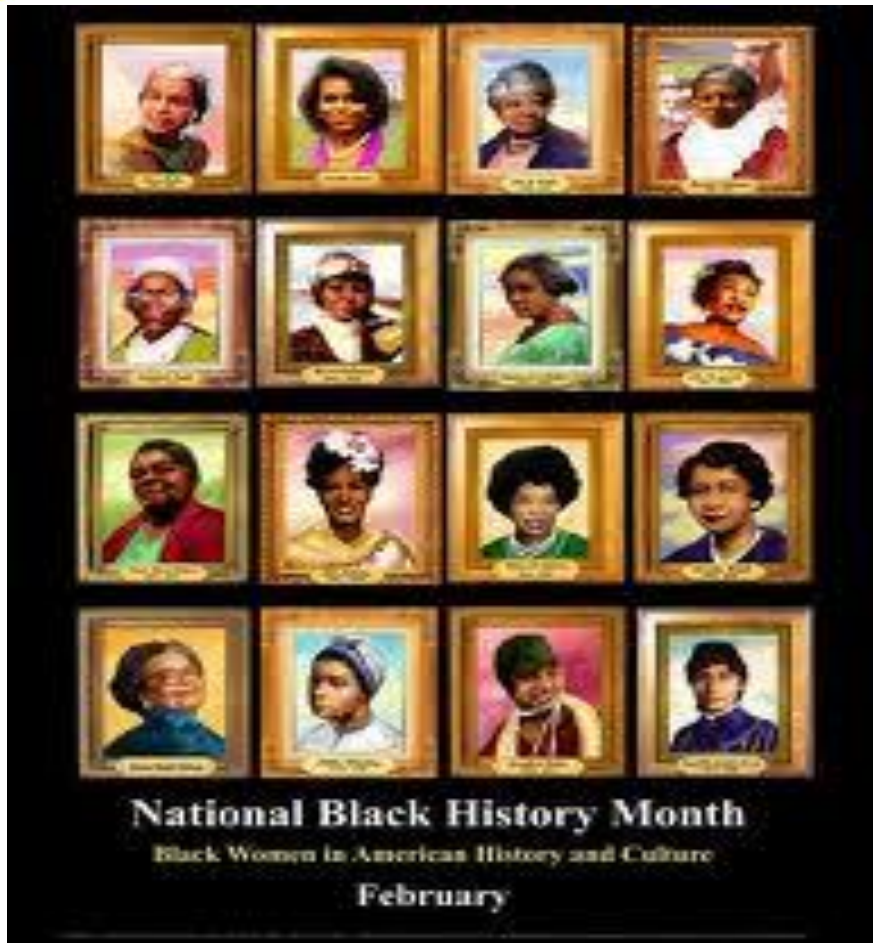
*Time:* 1130-1300

*Location:* Fort Sam Houston Theater  
472 Stanley Rd., Bldg 2270  
Fort Sam Houston, TX 78234





# EO



## ***Black History Month Celebration Host Command: USARSO***

### **Installation Observance**

Guest Speaker (pending)

Date: 3 February 2012

Time: 1330-1430

Location: Anderson Hall

Bldg 1364

Fort Sam Houston, TX 78234



# BAMC



## Pharmacy

**Walgreens has stopped participating as a provider in the TRICARE Express Scripts pharmacy network as of Jan. 1, 2012.**

**If you fill a prescription at Walgreens, you will pay 100% of the cost and you will need to file a paper claim for non-network benefit reimbursement and visit your TRICARE Service Center for assistance.**

**There are two easy ways to transfer prescriptions currently being filled at Walgreens:**

1. Have the medications you take on an ongoing basis safely and conveniently delivered to your home through TRICARE Pharmacy Home Delivery at <https://member.express-scripts.com/>
2. Take your current prescription bottles to the network pharmacy of your choice. You may fill your prescriptions at other major pharmacies and independent drug stores that remain part of the network.



# BAMC



## **Schertz Medical Home Accepting New Enrollees**

The Schertz Medical Home is open for enrollment to the families of active duty service members of all Uniformed Services. **In addition, at this time we are able to enroll a limited number of retirees, family members of retirees and survivors who are enrolled in TRICARE Prime.**

- The Schertz Medical Home is a primary care clinic conveniently located in the nearby suburb of Schertz, TX where many of our service members and their families live.
- This clinic has appointments when you want them, including same day appointments with a laboratory and pharmacy, with easy, convenient access.
- Beginning on Monday, 6 February, the operating hours of the Schertz Medical Home will change from 8:30 am to 5:30 pm to 8 am to 5 pm, Monday – Friday to better serve our patients
- For more information on how to enroll your families at the Schertz Medical Home, please contact BAMC's Health Benefits Advisors at 808-2722 or visit the BAMC Managed Care Office, 3100 Schofield Road, Fort Sam Houston from 7:30 am to 4:30 pm, Monday through Friday.



# BAMC



## January Relocations

CLINIC/SERVICE	WHERE FROM	WHERE TO	WHEN
• Emergency Department	Main Tower, 1 <sup>st</sup> Fl	CoTo 1 <sup>st</sup> Floor Ancillary	12 January 2012
• Acute Care Clinic	Main Tower, 1 <sup>st</sup> Fl	CoTo 1 <sup>st</sup> Floor Ancillary	12 January 2012
• Acute Care Clinic Pharmacy	Main Tower, 1 <sup>st</sup> Fl	CoTo 1 <sup>st</sup> Floor Ancillary	12 January 2012
• Coumadin Clinic	D Lot #7	Main Tower, 3 Floor Cardiology	18 January 2012
• Rheumatology	D Lot	BAMC Annex (C Lot)	19 January 2012
• Dermatology	D Lot	BAMC Annex (C Lot)	20 January 2012
• Bone Marrow Transplant	BAMC Annex	CoTo East Tower, 5 <sup>th</sup> Floor	23-24 January 2012
• Allergy Clinic	D Lot	Main Tower, 1 <sup>st</sup> Floor, East Bed Tower	24 January 2012
• Cardiac Rehabilitation	D Lot	BAMC Annex-South (C Lot)	24 January 2012



# FSHISD



## Fort Sam Houston Independent School District News

### Martin Luther King Student Holiday, January 16

School Report Cards issued by the state will be sent home with report cards. Both schools received levels of distinction for increased student performance and preparing students for college

### Fort Sam Houston Elementary School

- The school continues to focus on student leadership through its Student Council program. Girl Scout Troop 424 recently completed a service project at the school, designing a flower bed at the front of the school.
- The first semester ends with over 21 opportunities for parental involvement. Our partnerships continue to benefit the students and include the successful Adopt-A-School Program. The school nurse coordinated with BAMC staff to provide students with the flu mist while their parents were attending the Thanksgiving celebration. Over 250 students and adults took advantage of this opportunity.



# FSHISD

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## Robert G. Cole Middle / High School

- Express News published its Fall's Finest Athletes with an impressive list of Cole students shining in football, volleyball and cross country.
- Debate Team challenged the competition and ended with a Sixth Place Overall Win for our Varsity Team.
- Three Cole students were selected to the All Texas Small School Region Band. These are all big accomplishments for a 2-A school.

Check [www.fshisd.net](http://www.fshisd.net) for School Event Calendars.



# Parent to Parent



## NOW HIRING

The Military Child Education Coalition is hiring Parent to Parent Cadre Staff at the locations listed below:

**Fort Benning, Fort Drum, Fort Eustis, Fort Hood, Fort Irwin, Fort Polk, Fort Sam Houston, Fort Stewart and Fort Richardson**

About the Cadre Staff Position:

- This is a part-time position (10-15 hours per week).
- Cadre staff consists of parents strongly committed to education and military children.
- Experience working in related fields is desired.
- Cadre staff will work in their communities providing workshop training for parents.
- Professional training will be provided February 21-24, 2012 in Harker Heights, Texas.
- A complete job description is available online at: <http://www.militarychild.org/get-involved/employment>





# Parent to Parent



To Apply:

Applications are available online at

<http://www.militarychild.org/files/pdfs/P2P%20Application%2012-10-10.pdf>

Application Deadline: December 15, 2012 Contact Information: Judy Glennon,  
Parent to Parent Specialist [Judy.Glennon@MilitaryChild.org](mailto:Judy.Glennon@MilitaryChild.org) · 254.953.1923  
ext 1142 909 Mountain Lion Circle, Harker Heights, TX 76548

## More Information about the Military Child Education Coalition

The Military Child Education Coalition (MCEC) is a 501(c)(3) non-profit, world-wide organization that identifies the challenges facing the highly mobile military child, increases awareness of these challenges in military and educational communities, and initiates and implements programs to meet the challenges. Our focus is on all military installations, their supporting schools, concerned organizations, and caring individuals. For more information, please visit [www.MilitaryChild.org](http://www.MilitaryChild.org).

“Military Child Education Coalition®” “MCEC®”, “Parent to Parent: Recipe for Success™” and associated trademarks and design elements are owned by the Military Child Education Coalition. © 2009 Military, Child Education Coalition. All Rights Reserved



# ASBP



## **Final CY2011 statistics:**

- ❖ 5782 units of whole blood collected
- ❖ 950 unit of apheresis platelets
- ❖ Spent: \$252,410.00 on blood from civilian market
- ❖ \$265.00/red cell; \$650.00/A-PLT

## **Operation 750:**

- ❖ Whole Blood mission increased from 500 to 750 units per month
- ❖ More tenant unit involvement (0800 – 1200, Monday through Friday)
- ❖ For ED/Trauma services

## **Little Warrior Donor Program**

- ❖ Blood donors must be O Positive/O Negative, CMV Negative
- ❖ For NICU and HEM/ONC patients

## **Walking Blood Bank program**

- ❖ Primarily blood donors with O Positive/O Negative
- ❖ Other blood types may be required as emergent situations occur



# ASBP



## **Apheresis Platelets**

- ❖ Mission increased from 80 to 100 units per month
- ❖ Product has a shelf life of 5 days; takes about 90 minutes to collect a single unit
- ❖ Constant requirement for burn trauma, surgical, HEM/ONC, NICU patients
- ❖ \$650.00 product if a donor does not show up for his/her appointment

## **Cover Gaps in Schedule – Early!!!**

- ❖ Training calendars
- ❖ Holidays (including local training holidays)
- ❖ Cycle breaks

## **Parking:**

- ❖ Limited availability
- ❖ Working with Security Forces Squadron
- ❖ 12 designated parking slots for blood donors





# **This Month's Spotlight Program**



# COMPREHENSIVE SOLDIER FITNESS

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## Comprehensive Soldier Fitness- Performance and Resilience Enhancement Program

Site Manager: Dr Robin Tefft, (210) 954-0297, [robin.j.tefft@us.army.mil](mailto:robin.j.tefft@us.army.mil)



# Mission Statements

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## CSF MISSION

Develop and institute a holistic fitness program for Soldiers, Families, and Army Civilians IOT enhance performance and build resilience.

## PREP MISSION

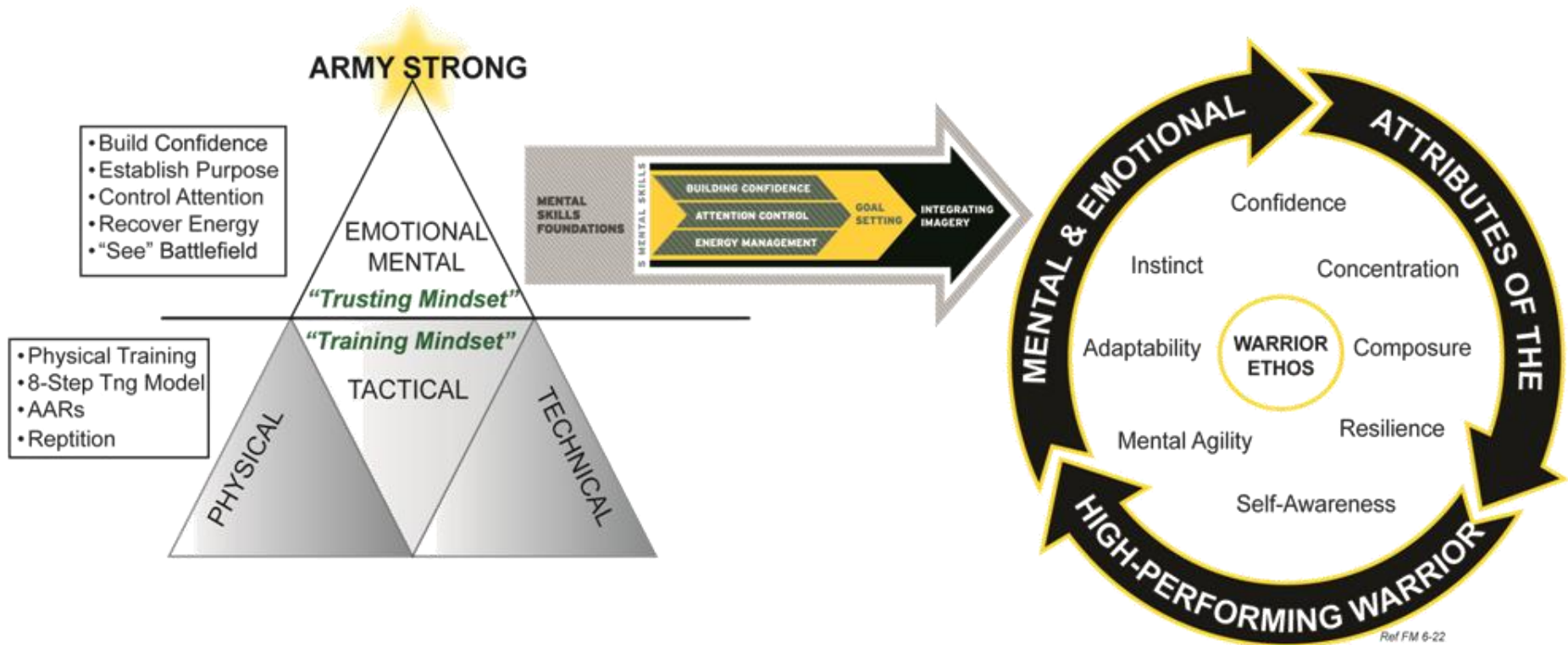
Develop the full potential of Warriors, DA Civilians, and Families using a systematic process to enhance the mental skills essential to the pursuit of personal strength, professional excellence, and the Warrior Ethos.



# Why PREP?



## EVOLVING THE TRAINING PARADIGM FOR SOLDIER/LEADER DEVELOPMENT



- PREP explicitly provides education and training in the cognitive aspects of Soldier and leader performance.
- Developing and maximizing the “Be” attributes is a critical X-factor for success and excellence in multiple performance endeavors.





# **PREP Capabilities**

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**Performance Enhancement Education and Training**

**Learning Enhancement Program**

**Resilience Training Support**

**Teambuilding**

**Program Evaluation and Program Specific Research**



# FSH PREP

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**The FSH site is one of 13 nationwide**

**Focus is on supporting the Soldier in the Warrior in Transition Units and WTU Staff and Cadre**

**Support to other units on a space-available basis**

**Location is Schofield and Scott Road**

**POCs: Dr. Robin Tefft, Site Manager  
210.954.0297/robin.j.tefft.ctr@mail.mil  
Eduardo Bojorquez, Admin Assistant  
210.808.6090/eduardo.bojorquez.ctr@mail.mil**



# Closing Remarks



# Question & Answers



# Back Up





# Admin Info

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Admin Info is now located on the Share Point Portal:

[http://samhc25070:15808/sites/Public\\_Folders/FSHAdminInfo/default.aspx](http://samhc25070:15808/sites/Public_Folders/FSHAdminInfo/default.aspx)

The Commander's Action Group (CAG) is responsible for posting information to this site.

Points of contact for disseminating information through Admin Info are Deborah E. Seabron, [deborah.e.seabron.civ@mail.mil](mailto:deborah.e.seabron.civ@mail.mil) , Michael V. McCarthy, [michael.v.mccarthy.civ@mail.mil](mailto:michael.v.mccarthy.civ@mail.mil), and Sharonn D. Brew, [sharonn.d.brew.civ@mail.mil](mailto:sharonn.d.brew.civ@mail.mil).

Monthly Community Information Forum slides will be made available at the following locations:

<http://samhouston.army.mil> - Internet

<https://fsh-intranet.amedd.army.mil/default.aspx> - FSH Intranet

[http://samhc25070:15808/sites/Public\\_Folders/FSHAdminInfo/default.aspx](http://samhc25070:15808/sites/Public_Folders/FSHAdminInfo/default.aspx) - Share Point Portal



# ARMY SUPPORT ACTIVITY (ASA)



## CASUALTY ASSISTANCE CENTER (CAC)

CNO/CAO CERTIFICATION TRAINING FOR DECEMBER 2011

**7-8 (54 students) and 14-15 DECEMBER**

CNO/CAO UNIT TASKING FOR 1-31 DECEMBER 2011

**USARNORTH**

CNO/CAO UNIT TASKING FOR 1-31 JANUARY 2012

**MEDCOM**

CAC REGION STATUS for VIP Military Funeral Honors

Retired Army General Officers – 122 (4 of which are 4-Star)

Medal of Honor Recipients – 2 (Brady and Sasser)

**CURRENT CERTIFIED CNO/CAO O/H STATUS**

SFC-SGM/CSM = 362 (+); CW2-CW5= 25 (+);

CPT-LTC= 274 (+); COL= 68 (+)

**\*CSM/SGM = 42 IN CAC REGION (41 AT FSH)**

**GRAND TOTAL = 729**



# 502 FSS



## Community Services Flight

### **Golf Course** Bldg 2900/2901 (221-5863)

- Warrior Golf Scramble: 1<sup>st</sup> Fri of each month, 1230 Shotgun Start. \$25 Members and \$35 Non-Members. Fee includes: green fees, cart, prizes and social.
- Wounded Warrior Golf Clinic: Open to all Wounded Warriors every Tue from 1300-1500

### **Equestrian Center** Bldg 3550 (224-7207)

- EDGE! Program every Mon: Introduction to Horses
- Therapeutic riding program every Tue at 0900

### **Bowling Center** Bldg 2521 (221-4740)

- The Bowling Center is available for unit and private parties

### **Hacienda** Bldg 1395

- Bldg 1462 has been closed; however, Hacienda operations will continue for customers at the Sam Houston Community Center, Bldg 1395

### **Outdoor Equipment Center** (221-5224/5225)

- New campers available for rent ranging from 18'- 26', sleep from 4-7 people and include bathrooms
- Refurbished boats with new motors and canopies
- Relocated RV Storage Lot now open
- More new equipment coming soon!



# DENTAC

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- Failed Dental Appointments - December 2011
  - 6.28%
  - Appointments 279
  - Dollar value = \$104,067 (\$373/hr)
- Previous month
  - Nov 2011 – 5.7%



# CIF CALENDAR



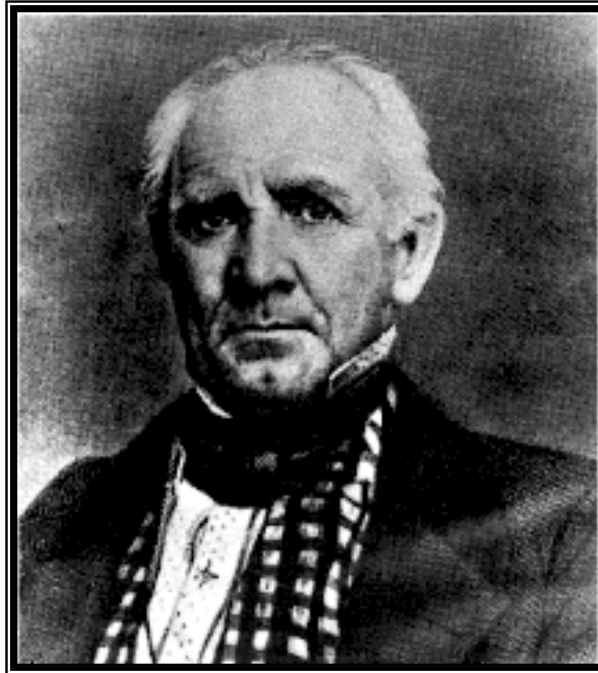
DATES
08 Feb 2012
14 Mar 2012
11 Apr 2012
09 May 2012
13 June 2012
11 July 2012





# 502D MISSION SUPPORT GROUP

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## ***Sam Houston Before the Battle of San Jacinto***

"We view ourselves on the eve of battle. We are nerved for the contest, and must conquer or perish. It is vain to look for present aid: none is at hand. We must now act or abandon all hope! Rally to the standard, and be no longer the scoff of mercenary tongues! Be men, be free men, that your children may bless their father's name."

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